Mayflower Primary School

PHSEC Curriculum Statement 2024 - 2025

Intent

At Mayflower Primary we believe that children are growing up in an increasing complex world which presents many positive and exciting opportunities but also many challenges and risks. Therefore it is our aim in life to give children the knowledge, skills and attitudes that they need to effectively navigate the complexities of life in the 21st century. Our RESPECT school values are embedded within our school culture and underpin everything we do, ultimately our aim is to prepare children for a better future. We believe that it is important for children to be given the tools and strategies to be successful and we plan in opportunities for them to challenge stereotypes, embrace differences and celebrate diversity. Through carefully planned and resourced lessons which support social, moral, spiritual and cultural development, we provide children with the essential knowledge and skills to deal with issues of safeguarding and emotional well-being.

Implementation

At Mayflower Primary, we use Kapow's whole school spiral curriculum approach to RSE (Relationships and Sex Education) and PSHE (Personal, Social, Health and Economic education).

The Kapow Primary scheme offers a whole school approach which consists of the following areas of learning:

EYFS

- Self-regulation
- Building relationships
- Managing self

Key Stage 1 and 2

- Family and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic well being

Each area is revisited every year to allow children to build on prior learning and the lessons provide a progressive programme. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of the scheme. Kapow Primary supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

Impact

Our scheme of work aims to enable children to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. We aim for it to support the active development of a school culture that prioritises physical and mental health and well-being, providing children with skills to evaluate and understand their own well-being needs, practise self-care and contribute positively to the well-being of those around them.

Mayflower Golden Threads

PSHEC makes a direct contribution to the Golden Threads that all curriculum subjects promote. A good understanding of PSHEC will deepen the children's understanding of why the Sustainable Development Goals can bring good health and well-being for all and enhance the understanding of fairness. By learning about social justice movements, they will recognise how change can be effected over time.

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